

THE CHILDREN'S CENTER MENU - OCTOBER 2024

DATE BREAKFAST

LUNCH

SNACK

Milk served with all lunches. Whole milk served to children 1 yr. of age. 1% milk served to children 2 yrs. of age or older.



1	Whole or 1% Milk WG Biscuits w/Jelly Applesauce	Turkey & Cheese Rollup on WG Tortilla, Fruit Cocktail Baby Carrots	WG Goldfish Crackers Whole or 1% Milk
2	Whole or 1% Milk WG Life Cereal Fruit Cocktail	WG Chicken Nuggets Lettuce Salad Apple Quarters, Bread	WG Apple Cinnamon Muffin Whole or 1% Milk
3	Whole or 1% Milk Jelly Toast Apple Quarters	Beef Sloppy Joe on WG Bun Baked Beans Pineapple Tidbits	WG Tortilla Chips Mild Salsa Whole or 1% Milk
4	Whole or 1% Milk Honey Bunches of Oats Cereal, Pineapple Tidbits	Diced Chicken & WG Rice Hotdish Green Beans Mandarin Oranges, Bread	Apple Quarters Graham Crackers Water

7	Whole or 1% Milk Peanut Butter Toast Mandarin Oranges	WG Macaroni & Cheese w/ Hamburger, Peas Diced Peaches, Bread	Cheez-its Crackers Whole or 1% Milk
8	Whole or 1% Milk WG Cheerios Cereal Diced Peaches	Ham & Cheese Sandwich Baby Carrots Orange Slices	Pretzels & Raisins Whole or 1% Milk
9	Whole or 1% Milk Cinnamon Toast Orange Slices	Diced Chicken in Gravy WG Biscuits, Green Beans Applesauce	Cheddar Cheese Cubes Saltine Crackers Water
10	Whole or 1% Milk WG Veggie Blends Cheerios, Applesauce	Cheese Omelets Cucumber Coins Pineapple Tidbits, Toast	Baby Carrots Ranch Dip Whole or 1% Milk



11 Harvest Party Day!

Whole or 1% Milk Jelly Toast Pineapple Tidbits	Turkey Hot Dog on WG Bun Baked Beans Diced Pears	Frosted Sugar Cookie Mandarin Oranges Whole or 1% Milk
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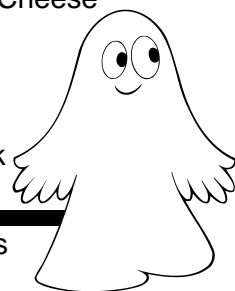
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14	Whole or 1% Milk Corn Flakes Cereal Diced Pears	Diced Chicken & WG Pasta Hotdish Diced Carrots Applesauce, Bread	WG Tortillas w/Pepperoni & Mozzarella String Cheese Water
15	Whole or 1% Milk Jelly Toast Applesauce	Salami, Bologna & Cheese Hoagie Sandwich, Broccoli Trees Apple Quarters	WG Goldfish Crackers Whole or 1% Milk
16	Whole or 1% Milk WG Frosted Mini Wheats Cereal, Apple Quarters	Beanie Weanies (Baked Beans & Hot Dogs) Cheese Sandwich Fruit Cocktail	Peanut Butter & Banana Sushi Roll w/WG Tortilla Water
17	Whole or 1% Milk Waffles w/Syrup Banana	Hamburger Nachos w/WG Tortillas Lettuce Salad, Shredded Cheese Oranges Slices	Sliced American Cheese Ritz Crackers Water
18	Whole or 1% Milk Rice Krispies Cereal Mandarin Oranges	BBQ Pork Rib Patty on WG Bun Baby Carrots Diced Peaches	Animal Crackers Whole or 1% Milk



21	Whole or 1% Milk WG Life Cereal Diced Peaches	Diced Ham & Cheesy WG Rice Hotdish, Peas & Carrots Diced Pears, Bread	WG Tortilla Chips Mild Salsa Whole or 1% Milk
22	Whole or 1% Milk WG English Muffins w/Peanut Butter, Pears	Turkey & Cheese Sandwich Baby Carrots Orange Slices	WG Oat Crunch Berry Cheerios Cereal Whole or 1% Milk
23	Whole or 1% Milk Fruit Yogurt w/Granola Orange Slices	WG Chicken Mini Corn Dogs Lettuce Salad Banana, Bread	Hard Boiled Egg Club Crackers Water
24	Whole or 1% Milk Cinnamon Toast Banana	Hamburger Noodle Hotdish w/WG Pasta, Green Beans Apple Quarters, Bread	Peanut Butter & Jelly Sandwich Whole or 1% Milk
25	Whole or 1% Milk WG Rice Chex Cereal Apple Quarters	Fish Patty on WG Bun Peas & Carrots Diced Peaches	Saltine Crackers Peanut Butter Water

28	Whole or 1% Milk Jelly Toast Diced Peaches	Diced Ham & Cheesy Hashbrowns Green Beans Diced Pears, Bread	WG Wheat Thins Crackers Sliced American Cheese Water
29	Whole or 1% Milk WG Oatmeal w/Brown Sugar, Diced Pears	Bologna & Cheese on WG Sandwich Round, Baby Carrots Orange Slices	Graham Crackers Peanut Butter Whole or 1% Milk
30	Whole or 1% Milk Cinnamon Toast Orange Slices	Diced Chicken & Vegetable Soup Saltine Crackers, Mandarin Oranges Cheese Sandwich on WG Bread	Celery Sticks & Baby Carrots Ranch Dip Whole or 1% Milk



Have a Happy Halloween!



Whole or 1% Milk
WG Multigrain Cheerios
Mandarin Oranges

Ghoul-ash (Hamburger & WG Pasta)
Creepy Corn
Eerie Applesauce, Bread

Mozzarella Cheese Stick
Pretzels
Water