

The Children's Center Menu - January 2023

DATE BREAKFAST

LUNCH

SNACK

Milk served with all lunches. Whole milk served to children 1 yr. of age. 1% milk served to children 2 yrs. of age or older.

2 **All Sites Closed - Have a Safe & Happy NEW YEAR!!!**

3 Whole or 1% Milk
WG Kix Cereal
Applesauce

Ham & Cheese Sandwich
Baby Carrots
Sliced Oranges

Cheez-its Crackers
Whole or 1% Milk



4 Whole or 1% Milk
Corn Flakes Cereal
Orange Slices

Diced Chicken & Vegetable Soup
saltine Crackers, Cheese Sandwich
Diced Pears, Bread

WG Tortilla Chips
Mild Salsa
Whole or 1% Milk

5 Whole or 1% Milk
Toast
Diced Pears

Hamburger Spaghetti w/WG Pasta
Corn
Pineapple Tidbits

Animal Crackers
Whole or 1% Milk



6 Whole or 1% Milk
Rice Krispies Cereal
Pineapple Tidbits

Fish Patty on WG Bun
Broccoli Trees
Apple Quarters

Pretzels & Raisins
Whole or 1% Milk

9 Whole or 1% Milk
WG Life Cereal
Applesauce

WG Macaroni & Cheese
w/Diced Ham, Green Beans
Diced Pears, Bread

Townhouse Crackers
Sliced American Cheese
Water

10 Whole or 1% Milk
Cinnamon Toast
Diced Pears

Turkey & Cheese Sandwich
Baby Carrots
Apple Quarters

WG Goldfish Crackers
Whole or 1% Milk

11 Whole or 1% Milk
WG Rice Chex Cereal
Apple Quarters

Beef & Bean Chili, Crackers
Cheese Sandwich
Banana

Graham Crackers
Fruit Yogurt
Water

12 Whole or 1% Milk
WG English Muffins
Banana

Diced Chicken & WG Rice Hotdish
Corn
Diced Peaches, Bread

Baby Carrots
Ranch Dip
Whole or 1% Milk

13 Whole or 1% Milk
Corn Flakes Cereal
Diced Peaches

Cheese Burger On WG Bun
Broccoli Trees
Oranges Slices

Cheez-its Crackers
Whole or 1% Milk



** 605 James Avenue is a peanut free facility that serves Wow butter instead of peanut butter. **

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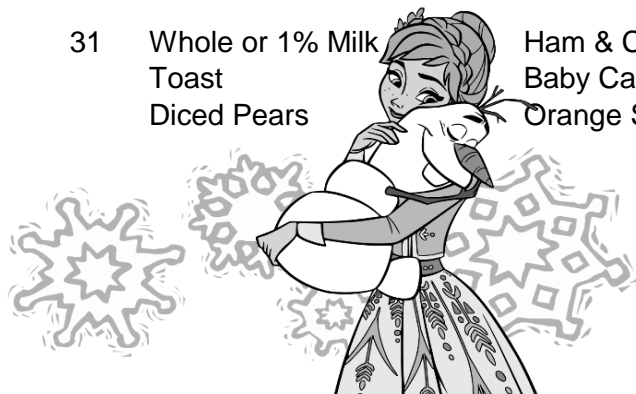
Milk served with all lunches. Whole milk served to children 1 yr. of age. 1% milk served to children 2 yrs. of age or older.

16	Whole or 1% Milk WG Cheerios Cereal Mandarin Oranges	Diced Ham & WG Rice Hotdish Green Beans Pineapple Tidbits, Bread	Saltine Crackers Sliced American Cheese Water
17	Whole or 1% Milk Toast w/Jelly Pineapple Tidbits	Bologna & Cheese Sandwich Baby Carrots Apple Quarters	WG Tortilla Chips Mild Salsa Whole or 1% Milk
18	Whole or 1% Milk WG Rice Chex Cereal Apple Quarters	Bean & Diced Ham Soup, Crackers Cheese Sandwich Diced Peaches	Animal Crackers Whole or 1% Milk
19	Whole or 1% Milk Toast Diced Peaches	Diced Chicken Taco w/WG Tortilla Lettuce Salad Mixed Fruit Cocktail	Pretzels & Raisins Whole or 1% Milk
20	Whole or 1% Milk Corn Flakes Cereal Mixed Fruit Cocktail	BBQ Beef On WG Bun Corn Mandarin Oranges	Cheez-its Crackers Whole or 1% Milk



23	Whole or 1% Milk WG Kix Cereal Mandarin Oranges	Scalloped Potatoes w/Diced Ham Green Beans Diced Peaches, Bread	Wheat Thins Crackers Sliced American Cheese Water
24	Whole or 1% Milk Cinnamon Toast Diced Peaches	Turkey & Cheese Sandwich Broccoli Trees Apple Quarters	WG Goldfish Crackers Whole or 1% Milk
25	Whole or 1% Milk Corn Flakes Cereal Apple Quarters	Hamburger Cowboy Baked Beans Cheese Sandwich Banana	WG Blueberry Muffins Whole or 1% Milk
26	Whole or 1% Milk WG English Muffins Banana	Hamburger Hotdish w/WG Noodles Diced Carrots Pineapple Tidbits, Bread	Graham Crackers Whole or 1% Milk
27	Whole or 1% Milk Rice Krispies Cereal Pineapple Tidbits	BBQ Diced Chicken On WG Bun Corn Diced Pears	Pretzels & Raisins Whole or 1% Milk

30	Whole or 1% Milk WG Cheerios Cereal Diced Pears	Diced Ham & Hashbrowns Hotdish Green Beans Diced Peaches, Bread	Saltine Crackers Sliced American Cheese Water
31	Whole or 1% Milk Toast Diced Pears	Ham & Cheese Sandwich Baby Carrots Orange Slices	WG Tortilla Chips Mild Salsa Whole or 1% Milk



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