

THE CHILDREN'S CENTER MENU - OCTOBER 2025

DATE BREAKFAST

LUNCH

SNACK

Milk served with all lunches. Whole milk served to children 1 yr. of age. 1% milk served to children 2 yrs. of age or older.

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| 1 | Whole or 1% Milk
Peanut Butter Toast
Orange Slices | Diced Chicken & Vegetable Soup
Saltine Crackers, Cheese Sandwich
Diced Peaches | WG Tortilla w/Pepperoni & Mozzarella String Cheese
Water |
| 2 | Whole or 1% Milk
WG Frosted Mini Wheats
Cereal, Diced Peaches | Hamburger Stroganoff w/WG Pasta
Lettuce Salad
Pineapple Tidbits, Bread | Apple Smiles (apples, peanut butter & marshmallows)
Whole or 1% Milk |
| 3 | Whole or 1% Milk
Jelly Toast
Pineapple Tidbits | Fish Nuggets w/Tarter Sauce
Peas & Carrots
Applesauce, Bread | WG Goldfish Crackers
Whole or 1% Milk |

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| 6 | Whole or 1% Milk
WG Rice Chex Cereal
Applesauce | Scalloped Potatoes w/Diced Ham
Green Beans
Diced Pears, Bread | Cheddar Cheese Cubes
Club Crackers
Water |
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| 7 | Whole or 1% Milk
Peanut Butter Toast
Diced Pears | Turkey & Cheese Sandwich
Broccoli Trees
Apple Quarters | WG Tortilla Chips
Mild Salsa
Whole or 1% Milk |
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| 8 | Whole or 1% Milk
WG Kix Cereal
Apple Quarters | Hamburger & Bacon Cowboy
Baked Beans, Cheese Sandwich
Mixed Fruit Cocktail | WG Banana Muffin
Whole or 1% Milk |
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| 9 | Whole or 1% Milk
WG Bagel w/Cream Cheese
Mixed Fruit Cocktail | Diced Fiesta Chicken Nachos
w/WG Tortilla Chips, Cheese Salsa, Lettuce Salad, Banana | Pretzels & Raisins
Whole or 1% Milk |
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| 10 | Whole or 1% Milk
Rice Krispies Cereal
Banana | Cheese Burger on WG Bun
Baby Carrots
Diced Peaches | Animal Crackers
Whole or 1% Milk |
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| 13 | Whole or 1% Milk
Peanut Butter Toast
Diced Peaches | Diced Chicken, Bacon Ranch
Casserole w/WG Pasta, Peas
Diced Pears, Bread | Baby Carrots w/Ranch
Whole or 1% Milk |
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| 14 | Whole or 1% Milk
WG Life Cereal
Diced Pears | Ham & Cheese Sandwich
Baby Carrots
Orange Slices | WG Goldfish Crackers
Whole or 1% Milk |
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| 15 | Whole or 1% Milk
Cinnamon Toast
Orange Slices | Sausage Patty on WG Biscuit
w/Cheese, Diced Carrots
Mixed Fruit Cocktail | WG Blueberry Rice Chex Cereal
Whole or 1% Milk |
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| 16 | Whole or 1% Milk
Fruit Yogurt w/Granola
Banana | Cheesy Beef & Pepperoni Pizza
Hotdish w/WG Pasta, Lettuce Salad
Mandarin Oranges, Bread | Peanut Butter & Banana Sushi
Roll w/WG Tortilla
Water |
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| 17 | Whole or 1% Milk
Jelly Toast
Mandarin Oranges | Turkey Hot Dog on WG Bun
Baked Beans
Pineapple Tidbits | Marble Jack Cheese Stick
Grape Juice |
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20	Whole or 1% Milk WG Waffles w/Syrup Pineapple Tidbits	WG Macaroni & Cheese Peanut Butter Sandwich Green Beans, Diced Peaches	WG Wheat Thins Crackers Sliced American Cheese Water
21	Whole or 1% Milk WG Cheerios Cereal Diced Peaches	Turkey Bologna & Cheese Sandwich Baby Carrots Apple Quarters	Graham Crackers Whole or 1% Milk
22	Whole or 1% Milk Jelly Toast Apple Quarters	Diced Ham & Cheesy WG Rice Hotdish, Peas & Carrots Diced Pears, Bread	WG Tortilla Chips Mild Salsa Whole or 1% Milk



23	Whole or 1% Milk WG Rice Chex Cereal Diced Pears	WG Chicken Mini Corn Dogs Corn Banana, Bread	Frosted Sugar Cookie Mixed Fruit Cocktail Whole or 1% Milk
24	Whole or 1% Milk WG English Muffin w/ Peanut Butter, Banana	Hamburger & Vegetable Stew Saltine Crackers, Garlic Knots Mandarin Oranges	WG Goldfish Crackers Whole or 1% Milk

27	Whole or 1% Milk Corn Flakes Cereal Mandarin Oranges	Diced Chicken & WG Pasta Hotdish Diced Carrots Applesauce, Bread	Peanut Butter & Jelly Sandwich Whole or 1% Milk
28	Whole or 1% Milk Cinnamon Toast Applesauce	Turkey & Cheese Roll-up on WG Tortilla, Broccoli Trees Orange Slices	Animal Crackers Whole or 1% Milk
29	Whole or 1% Milk WG Kix Cereal Orange Slices	Beef & Bean Chili, Saltine Crackers Cheese Sandwich Diced Pears	Fruit Yogurt w/Granola Whole or 1% Milk
30	Whole or 1% Milk Jelly Toast Diced Pears	Diced Chicken in Gravy WG Biscuits, Green Beans Diced Peaches	Pretzels & Raisins Whole or 1% Milk

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Have a safe and Happy Halloween

Whole or 1% Milk WG Life Cereal	Beef & WG Pasta <i>Ghoul</i> -ash Creepy Corn <i>Eerie</i> Applesauce, Bread	Sliced American Cheese Ritz Crackers Water
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HAPPY HALLOWEEN