

The Children's Center Menu - November 2023

DATE BREAKFAST

LUNCH

SNACK

Milk served with all lunches. Whole milk served to children 1 yr. of age. 1% milk served to children 2 yrs. of age or older.

1	Whole or 1% Milk WG Cinnamon Chex Cereal Mandarin Oranges	Diced Ham & Potato Soup Saltine Crackers, Cheese Sandwich Banana, Bread	Honey Teddy Grahams Applesauce Water
2	Whole or 1% Milk WG Bagels w/ Cream Cheese, Banana	Beef Soft Shell Tacos Lettuce Salad, Shredded Cheddar Pineapple Tidbits	Pretzels & Raisins Whole or 1% Milk
3	Whole or 1% Milk WG Life Cereal Pineapple Tidbits	Breaded Chicken Strips on WG Tortilla, Baby Carrots Diced Pears	WG Goldfish Crackers Whole or 1% Milk



6	Whole or 1% Milk WG Oatmeal Squares Diced Pears	Diced Ham & WG Rice Casserole Green Beans Diced Pears, Bread	Club Crackers Sliced American Cheese Water
7	Whole or 1% Milk Peanut Butter Toast Diced Pears	Sliced Turkey & Cheese Sandwich Baby Carrots Apple Quarters	WG Tortilla Chips Mild Salsa Whole or 1% Milk
8	Whole or 1% Milk WG Cheerios Cereal Applesauce	Beef and Vegetable Taco Soup Saltine Crackers, Banana Cheese Sandwich	WG Chocolate Chip Muffins Whole or 1% Milk
9	Whole or 1% Milk Toast w/Jelly Banana	Diced Chicken Alfredo w/WG Pasta, Lettuce Salad Mandarin Oranges	Cheez-its Crackers Whole or 1% Milk
10	Whole or 1% Milk WG Frosted Mini Wheats Mandarin Oranges	BBQ Pork Rib Patty on WG Bun Baby Carrots Mixed Fruit Cocktail	Animal Crackers Whole or 1% Milk



13	Whole or 1% Milk Rice Krispies Cereal Mixed Fruit Cocktail	Diced Ham & WG Macaroni & Cheese, Peas & Carrots Diced Pears, Bread	WG Wheat Thins Crackers Sliced American Cheese Water
14	Whole or 1% Milk Cinnamon Toast Diced Pears	Bologna & Cheese Sandwich Broccoli Trees Apple Quarters	WG Goldfish Crackers Whole or 1% Milk
15	Whole or 1% Milk WG Rice Chex Cereal Apple Quarters	Diced Chicken & Vegetable Soup Saltine Crackers, Cheese Sandwich Orange Slices	Peanut Butter & Jelly Sandwich Whole or 1% Milk
16	Whole or 1% Milk Toast w/Peanut Butter Orange Slices	Cheese Omelets Baby Carrots Mixed Fruit Cocktail	WG Tortilla Chips Mild Salsa Whole or 1% Milk
17	Whole or 1% Milk WG Oatmeal Squares Mixed Fruit Cocktail	Beef Pizza Joe's on WG Bun Corn Pineapple Tidbits	Pretzels & Raisins Whole or 1% Milk



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20	Whole or 1% Milk WG Cheerios Cereal Pineapple Tidbits	Scalloped Potatoes w/Diced Ham Green Beans Diced Peaches, Bread	Saltine Crackers Sliced American Cheese Water
21	Whole or 1% Milk Toast Diced Peaches	Roast Beef and Cheese Sandwich Baby Carrots Orange Slices	WG Tortilla Chips Mild Salsa Whole or 1% Milk
22	Whole or 1% Milk WG Kix Cereal Orange Slices	Hamburger & Vegetable Soup Saltine Crackers, Apple Quarters Cheese Sandwich	Graham Crackers w/Peanut Butter Whole or 1% Milk



HAPPY
Thanksgiving

All Sites Closed November 23rd and 24th
Have a safe & Happy Thanksgiving weekend!

27	Whole or 1% Milk Corn Flakes Cereal Mandarin Oranges	Diced Chicken & WG Rice Hotdish Green Beans Diced Pears, Bread	Ritz Crackers Sliced American Cheese Water
28	Whole or 1% Milk Toast w/Peanut Butter Diced Pears	Ham & Cheese Sandwich Baby Carrots Apple Quarters	WG Goldfish Crackers Whole or 1% Milk
29	Whole or 1% Milk WG Kix Cereal Applesauce	Cowboy Baked Beans w/Hamburger Cheese Sandwich Banana	Peanut Butter & Jelly Sandwich Whole or 1% Milk
30	Whole or 1% Milk WG Waffles Banana	Fish Sticks w/Tarter Sauce Corn Mixed Fruit Cocktail, Bread	WG Tortilla Wraps w/ Pepperoni & Mozzarella String Cheese Water

