

# Preschool News



Themes for week of  
Jan. 30, 2012

## Preschool Themes

**Moonbeam Room:** [moonbeam@alchildrenscenter.org](mailto:moonbeam@alchildrenscenter.org)

Weekly Theme: **Penguin Fun**

This week we will learn all about penguins! We will learn what penguins look like and what they do! We will even waddle like a penguin outside and read all about them!

**Blue Sky Room:** [bluesky@alchildrenscenter.org](mailto:bluesky@alchildrenscenter.org)

Weekly Theme: **Fancy Teeth**

This week we are learning all about dental health! We will be learning about healthy foods and what to do if we do eat candy/sweets. We will do some toothbrush painting, make teeth with clay and do some patterning. We will make a graph with which toothpastes we like. We also hope to have Meg from Dr. Lundstrums office come to talk with us about dental health!

**Sunshine Room:** [sunshine@alchildrenscenter.org](mailto:sunshine@alchildrenscenter.org)

Weekly Theme: **Staying Healthy**

This week we are learning about how to be healthy! We will exercise, talk about the importance of washing our hands, and doctors! We will learn about healthy foods and even make veggie pizza for snack!

**Kangaroo Club:** [kangarooclub@alchildrenscenter.org](mailto:kangarooclub@alchildrenscenter.org)

Weekly Theme: **Cats**

This week is all about cats! We will get to be cats and hunt for mice! We will make cat ears and get whiskers painted on! We will read all about cats and look at different kinds of cat foods and treats! We will even do some sorting of 'cat food' for snack!

- Parent involvement is very important in children's learning and we encourage you to communicate often with your child's teachers. You may call the Main site at (507)373-7979 or 379-9505 for the St. John's site. You may also e-mail the classrooms, as well as talking with the teachers at drop off and pick up times, whatever is convenient for you.

**"90% of a child's brain development happens before the age of 5."**

U.S. Department of Health and Human Services

### Attention Parents:

- Moonbeam Room:  
Let's learn about penguins together!
- Blue Sky Room: Help me brush my teeth!
- Sunshine Room:  
Let's be healthy together!
- Kangaroo Club:  
Let's learn about cats together!
- All Parents:  
\*Read aloud to your child daily. Ask questions about the story or guess what might happen. Use different voices for characters to make the reading interesting. \*

### Spanish:

Wednesdays at St. Johns  
Fridays at Main  
Weekly Theme: **Parts of the Body (El cuerpo)**  
We will meet Sr. Amarillo! We will also sing the ABC's in Spanish again!

Oso—bear	Pez
Rana—frog	dorado—
Gato—cat	goldfish
Perro—dog	Pato—duck
Pajaro—	Oveja—
bird	sheep
Caballo—	
horse	